

# SPORT COACHING





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### WHY STUDY AT CSF

CONVENIENT LOCATION SMART TEACHING FRIENDLY STAFF

COMPETITIVE FEES STRONG NETWORK FITNESS FACILITIES

COMMITMENT TO SUCCESS STUDENT SUPPORT FOCUS ON QUALITY

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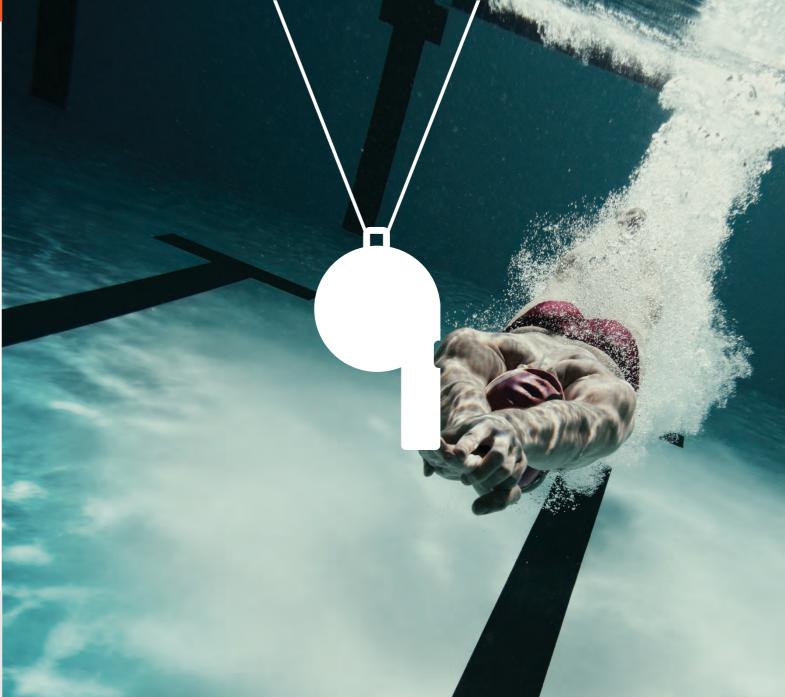
#### SYDNEY CBD

LEVEL 6, 505 GEORGE ST SYDNEY 2000 NSW AUSTRALIA

#### **PERTH**

LEVEL 1, 120 ROE STREET NORTHBRIDE WA 6003





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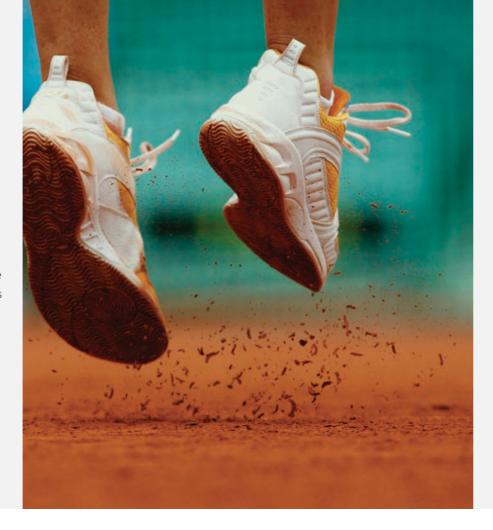
# SPORT COACHING

Our sport coaching programs are aimed to provide working and aspiring coaches the opportunity to enhance their development in the area of high-performance coaching.

These programs will help you contextualise and relate knowledge to the current encounters fronting coaches working with elite athletes and organisations involved in high-performance sport. Sports Coaches can also run their own sports training facility and or offer their coaching services.

#### **ACADEMIC YEAR / START DATES**

The year is divided into 4 terms. See table for term intake dates.



#### **COURSE INFORMATION**

Our Sport Coaching courses have been developed according to the requirements of the Sport, Fitness and Recreation Training Package (SIS) and have been approved for delivery by the Australian Skills Quality Authority (ASQA). They are nationally recognised qualifications within the Australian Qualification Framework (AQF).







#### STUDY TRACK

Our objective is to provide graduates with the necessary skills and knowledge that will empower them to successfully fulfill the demands of the workplace.

Training is delivered in stages that correspond to AQF levels. The desired pathway for a qualification is for students to complete the requirements of the previous level qualification before progressing to the next level – thereby achieving more than one qualification.

Applicants without the previous level qualification will be considered if they have relevant qualification and /or vocational experience.

## FUNCTIONAL DELIVERY & ASSESSMENT TECHNIQUES

Delivery and assessment strategies have been selected to mirror the nature of all elements and performance criteria within each competency cooperatively providing the needs and learning styles of the learners.

#### **ENTRY REQUIREMENTS**

- Be 18 years of age or above
- > English language level of minimum IELTS 6.0 or equivalent (if the level of English is insufficient, a suitable course can be organised)
- Year 11 or equivalent certificate of senior secondary education
- > Have complete physical ability (May require interview prior of acceptance)
- Surfing Must have minimum 6 month surfing experience, own board, ability to tread water for 5min and swim 200m.

Enrolment Fee: A\$300

Uniform Pack Fee: A\$100

**ADDITIONAL FEES** 

Includes first uniform for entry course. Further uniforms will be required for future courses - \$50 per pack.

#### COURSE DELIVERY

Courses are delivered over 20 hours per week through a combination of face-to-face and online delivery.

QUALIFICATION	UNIT CODE	UNIT NAME			
	SISSSC0003	Meet participant coaching needs			
Certificate IV	BSB0PS403	Apply business risk management processes			
in Sport Coaching	HLTAID011	Provide First Aid			
SIS40321	HLTWHS003	Maintain work health and safety			
CRICOS Course Code 107792G	SISSSC0005	Continuously improve coaching skills and knowledge			
	SISSSC0015	Prepare participants for sport competition			
	SISXIND009	Respond to interpersonal conflict			
	SISSSC0010	Implement sport talent identification programs			
	SISXCAI010	Develop strength and conditioning programs			
	SISXIND005	Coordinate work teams or groups			
	Choose one practical elective				
		TENNIS			
Tuition Fee	SISSTNS002	Coach intermediate players in tennis			
A\$ <b>7,</b> 500	SWIMMING				
	SISSSWM002	Coach swimmers up to a high-performance level			
Duration	MARTIAL ARTS/SURFING/WELLNESS				
9 months 3 Terms / 30 College Weeks	SISSSC0013	Coach sport participants up to an advanced level			
- 3 Terms / 30 Contege Weeks	Vocational / Employment Outcome > Coach				

YEAR	TERM 1 INTAKES		TERM 2 INTAKES		TERM 3 INTAKES		TERM 4 INTAKES	
	PRIMARY	MID-TERM	PRIMARY	MID-TERM	PRIMARY	MID-TERM	PRIMARY	MID-TERM
2024	22 JAN	26 FEB	16 APR	20 MAY	08 JUL	12 AUG	30 SEP	04 NOV
2025	20 JAN	24 FEB	14 APR	19 MAY	07 JUL	11 AUG	29 SEP	03 NOV
2026	19 JAN	23 FEB	13 APR	18 MAY	06 JUL	10 AUG	28 SEP	02 NOV
2027	18 JAN	22 FEB	12 APR	17 MAY	05 JUL	09 AUG	27 SEP	01 NOV

QUALIFICATION	UNIT CODE	UNIT NAME			
	SITXHRM003	Lead and manage people			
Diploma of Sport	BSB0PS504	Manage business risk			
SIS50321	HLTWHS003	Maintain work health and safety			
CRICOS Course Code 107800A	HLTAID011	Provide First Aid			
	SISSSC0003	Meet participant coaching needs			
	SISSSC0004	Plan, conduct and review coaching programs			
	SISSSC0007	Apply sport psychology principles			
	SISSSC0008	Apply anti-doping policies			
	SISSSC0011	Manage integrity in sport			
	SISSSC0014	Develop sport coaches			
	SISSSC0016	Coach participants in sport competition			
	SISXPLD003	Plan recreation programs			
Tuition Fee	SISXCAI008	Plan, conduct and review training and recovery programs			
A\$ 15,000					
	Choose one practical elective				
Duration	TENNIS/MARTIAL ARTS/SWIMMING/WELLNESS/SURFING				
18 months 6 Terms / 60 College Weeks	SISXCAI005	Conduct individualised long-term training programs			
	Vocational / Employment Outcome > High performance coach				
		•			